

FREE FIRST-AID TRAINING

LEARN HOW TO SAVE A LIFE

Following the success of our previous sessions, **Framfield Parish Council** is pleased to be working with **St John Ambulance** to offer further free training this autumn.

Each session lasts approximately 1.5-2 hours.

BABY & CHILD RESUSCITATION

Wednesday 14 October, 7pm - Framfield Memorial Hall

Thursday 15 October, 7pm - Blackboys Village Hall

Wednesday 21 October, 7pm - Blackboys Village Hall

The 21 October session will also include other essential family first-aid skills.

ADULT CPR & DEFIBRILLATOR TRAINING

Saturday 17 October, 2pm - Framfield Memorial Hall

Saturday 31 October, 2pm - Framfield Memorial Hall

PARISH RESIDENTS ONLY - BOOKING ESSENTIAL

Places are limited and will be allocated on a first-come, first-served basis.
To reserve a place, please contact the Parish Clerk, preferably by email:

clerk@framfieldcouncil.org.uk

Sessions will be run by local residents and St John Ambulance volunteers **Colin and Tracey Packham**. Our sincere thanks to Colin, Tracey and St John Ambulance for giving their time freely to help our community.